

Dear Parents & Guardians,

This year PE class will be looking a lot different than in past years, however the plan is still keep your child active, healthy, and as safe as possible.

Many of the requirements for PE remain the same. Students need to be wearing sneakers, and appropriate non-restrictive clothing. Middle School students will not be using the locker rooms to change. Class will be held outside on the back playground area as long as the weather allows us to do so, so please dress your child according to the weather. Jackets, sweatshirts, sweatpants, & long sleeves are strongly recommended. Students are allowed to wear hats to class when outdoors, however they must come off when they reenter the building. If and when PE class has to be in the gym, all students will be kept 6 feet apart as much as possible.

The majority of the PE lessons will involve little to no equipment. When equipment is involved the students will be using their own equipment for the entire period. There will be no sharing of equipment. Students are asked to wear masks when entering the class and when at their "Class Spot." Once students are active, they are permitted to take off their mask as long as class is outside and they are six feet away from any other student. Class Spots will be placed on the ground six feet apart.

It is my recommendation that when students take off their masks, that they leave them on their face, hanging by their ears, so they can quickly put the mask back on if they have to.

I will be maintaining a Google Classroom for PE Grades 1-4 and Grades 5-8 that will have daily PE lessons as well as Health lessons. The requirement is that students check in once a week to Google Classroom.

I am really excited about being about to school and seeing your children back in PE class!

Go Mustangs!

Coach Burke