

Middle School Parents:

Unfortunately there will not be Fall Middle School Sports this year.

A decision has not been made for winter and/or spring sports. We will continue to base decisions on guidance from the NJDOE and CDC.

Our recommendation is to still fill out the paperwork for Sports Physicals or if you already had your physical, please submit it when we return to school in the event we do have a winter and/or spring season. Please see the info below.

Sports Physical Procedures

Sports Physicals are good for 365 days. If your child needs an updated physical, please fill out your child's Health History Update Form and have the doctor fill out the Physical Form (*Fill out Special Needs Form in the Full Sports Packet only if it applies to your child*)

If your child already has a valid physical, you need to hand in ONLY the Permission Slip and the Health History Update Form. The questions on the Health Update Form are new problems that have developed AFTER your last physical. All information prior to your physical is already included on your Health History Form.

Please make sure that all printed out pages of the Full Sports Form are on their own separate piece of paper. Please do not have pages back to back.

FYI: Greenbrook Family Medicine is offering physicals for those who can not see their primary physician during this time.

Keep in mind, any new injuries/conditions may be subject to further clearance by a specialist.

Please be certain all signatures are completed where indicated for **both** students and parents on all forms.

Be sure to have your **child's name written on top of each paper** in case they get separated.

Incomplete forms (i.e. missing b/p, pulse, and/or vision) will be returned to the student and must be brought back to the physician who completed the exam for corrections, initialed and resubmitted.

We will keep you updated as soon as new information becomes available.

Please do not hesitate to contact myself or Ms. Lukacovic (klukaco@garwoodschoools.org) if you have any questions.

Thanks so much.

Mr. Burke
Ms. Lukacovic